

# SPRING HAPPENINGS...

- May 14-16**     **Market Street Sale Days**  
Market Street
- Tues., May 14**     **MHRA Meeting**  
7pm  
300 Chestnut Street
- Sat., May 16**     **Recycling**  
8-11am  
Industrial Park Road
- Mon., May 18**     **Shade Tree Commission**  
7pm  
Mifflinburg Borough Office
- Tues., May 19**     **Planning Commission**  
4:30pm  
Mifflinburg Borough Office
- Tues., May 19**     **Borough Council Meeting**  
6:30pm  
Mifflinburg Borough Office
- Mon., May 25**     **Memorial Day**

**MIFFLINBURG MARKET STREET SALE DAYS**  
17 blocks of yard sales  
May 14, 15, 16  
COVID 19 restrictions will apply  
(please note - this is not an official Borough function)

## LIBRARY SYSTEM CLOSED UNTIL MAY 8TH

All Union County Libraries will remain closed through May 8 as per Governor Wolf's most recent order. The Union County Library System is comprised of three libraries: The Public Library for Union County in Lewisburg, Herr Memorial Library in Mifflinburg and The West End Library in Hartleton.

**MHRA WELCOMES NEW MEMBERS**  
Doug & Morgan Richard  
Rooted Relational Therapy

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**IS MOVING!**

Brookside Bikes will be closed May 4-9 for the move & will reopen Monday, May 11 at 9 am at their new location - 170 E. Walnut St, Ste. A, Mifflinburg. (Behind Weis & CVS along the Rail Trail)  
**570-966-1062**



**WINE, BREWS & BLUES FESTIVAL DATE TENTATIVE**

This year's Wine, Brews and Blues Festival has been moved to Saturday, June 13, from 11 am to 7 pm, at the VFW Carnival Grounds. However, as things change on a daily basis, if we still see that the date is not manageable with the current crisis, we will make the call in the coming weeks and change the date to late summer. Please stay tuned to [www.mifflinburgpa.com](http://www.mifflinburgpa.com) and our MHRA Facebook page for news on the festival. We refuse to give up on it but we can't make a real determination until we see how Pennsylvania opens up and what types of events are allowed to take place.

Current Resident or:



**BOARD OF DIRECTORS**  
Steve Buttorff, President  
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Heidi Criswell Executive Director & Editor, "News & Views"

**MIFFLINBURG BOROUGH**  
David Cooney, Mayor

**BOROUGH COUNCIL**  
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David Cooney, Mayor  
Daryl Yount of McNerny, Page, Vanderlin & Hall, Solicitor  
Paul Bottiger • Linda Lewis  
Richard Fry • Duane "Joe" Zimmerman

Margaret Metzger, Borough Manager  
Borough 570-966-1013  
Police 570-966-1027 or 911

**MISSION STATEMENT**  
MHRA exists to help promote and maintain a supportive environment where business, community and government work together to foster growth and development, while preserving Mifflinburg's cultural heritage.

300 Chestnut Street  
Mifflinburg, PA 17844  
570-966-1666  
Email: [mhra@dejazzd.com](mailto:mhra@dejazzd.com)  
[www.mifflinburgpa.com](http://www.mifflinburgpa.com)

*Mifflinburg News & Views is published monthly*

Mifflinburg Heritage & Revitalization Association  
**MIFFLINBURG NEWS & VIEWS**  
300 Chestnut Street  
Mifflinburg, PA 17844



# MIFFLINBURG NEWS & VIEWS

published monthly by the Mifflinburg Heritage and Revitalization Association

## Mifflinburg Comes Together to Support Each Other

Last Saturday afternoon, with the generous help of volunteers and donations from the community, the Mifflinburg Backpack Club distributed free pulled pork meals in the alley behind the Hose Company and also delivered many meals around town.

Danielle Dressler organized the event with the help of so many including the Mifflinburg School District staff, Mifflinburg Kiwanis Club, the Hose Company and Country Cupboard.

The Forest House also jumped in and distributed free quarts of homemade chili on Sunday afternoon.

Their are many ways to help! The Backpack Club is always seeking donations. The number of families in need of food has drastically increased the past six weeks and they are in need of items like spaghetti, peanut butter, jelly, complete pancake mix, pancake syrup, canned fruits and vegetables, Chef Boyardee types of cans, flavored noodle packets, macaroni and cheese cups, fruit snacks, canned chicken, any individually wrapped snack items such as cheez its, cheese peanut butter crackers, goldfish crackers, etc. Please check expiration dates. Items can be dropped off on the porch of Carol Grove at 100 Walnut Street, drop off at the Hose Company or message the Mifflinburg Backpack Club page to arrange a time to arrange a drop off.

Please check the Mifflinburg Backpack Club Facebook page often - they have many opportunities for families to receive food donations.

The Backpack Club also helps with school lunch distribution on Mondays. School lunch pick up is at the high school from 11:30 to 12:30. You can stop at the fire company for backpack food as well. Again, check Facebook for distributions.

The Mifflinburg Food Bank is also accepting donations and distributions take place at the Methodist Church. Those wanting to donate to the Food Bank can send cash donations by check to the Mifflinburg Food Bank c/o of the Mifflinburg Methodist Church, 279 Market Street, Mifflinburg. Please check the *Free Press* for distribution dates.

The Mifflinburg community is so fortunate to have this help during these uncertain times. This month we have given the inside of *News & Views* to some of our MHRA businesses to give them an opportunity to reach out and let the community know what is happening and how they are still serving Mifflinburg during this time of uncertainty. Please check the MHRA Facebook page to keep up to date with what our businesses are providing and how you can buy goods and services.



# Borough Briefings...

by Margaret Metzger

## COVID 19

In light of the measures recommended by the Federal Government and Governor Wolf the Borough of Mifflinburg has taken the following actions:

\*The Borough Office and other facilities will be closed to public access through May 8, 2020. The Borough staff will be accessible by phone or email only during normal business hours. Any updates to this schedule will be posted on the Borough's website: [mifflinburgborough.org](http://mifflinburgborough.org)

\*The Borough will monitor and follow the Governor's orders with regard to re-opening as the rules are laid out.

We apologize for any inconvenience that these actions may cause. The Borough office number is 570.966.1013 and the Police department can be reached at 570.966.1027.

We appreciate your patience as we all work to navigate these uncharted waters. We will continue to provide updates for our services on our website as we obtain more information from the State and Federal Governments.

## COVID-19 UTILITY INFORMATION

Customers who do not participate in the automatic payment system are asked to either mail utility payments or to drop their utility payments into the box located in the entry to the Municipal Building.

The Borough of Mifflinburg understands that the COVID-19 pandemic has impacted many of our residents' lives. In an effort to help customers, the Borough will not be assessing penalties or making terminations during the months of April and May 2020.

Customers are encouraged to contact the Borough office to make payment arrangements for any delinquent balances. Special arrangements will allow customers to spread the balance over three months, rather than face utility terminations.

Please contact the office for more information about payment arrangements and to sign an agreement.

## SPRING DROP OFF

The Borough has postponed the Annual Spring Drop Off event until further notice. This has been done due to the Governor's stay at home orders and the COVID-19 pandemic. Watch the Borough's website for updated information about whether Spring Drop Off will be rescheduled.

## MIFFLINBURG COMMUNITY PARK & POOL

The Borough of Mifflinburg Community Park and Haney Park remain closed under the Governor's Stay at Home orders. The Borough will continue to follow all State and Federal Guidance during the COVID-19 pandemic.

Mifflinburg Borough Council will consider whether the Community Swimming Pool will re-open at their May 19 Council Meeting after receiving additional guidance from the State and Federal Governments regarding post quarantine operations. This means that the Pool will not

open on Memorial Day weekend this year. Watch the Borough's website for updates about the Mifflinburg community parks and swimming pool.

## BRUSH DROP OFF

The Borough is cancelling the May 2nd Brush drop off due to the Governor's extended stay at home orders. The next date for brush drop off is tentatively scheduled for June 6, from 8-11 a.m. Please watch the Borough's website for updates.

## RECYCLING

The Borough has cancelled recycling until May 16. Please watch the Borough's website for updated information.

## WELCOME SPRING!

We have finally experienced a couple of glimpses of spring over the past few weeks and I think we're all ready to see more!

Here are a few reminders for when things start to turn green.

- Please remember that grass must be kept to a height of no more than 6 inches. This keeps Mifflinburg looking clean and green and cuts down on pests.

- Please do not put grass clippings, brush or leaves in the streets. This can cause storm sewers to clog which can cause flooding for you and your neighbors and it can cause damage to the street sweeper. Not to mention the fact that it's illegal and violators can be fined.

- Please keep the plants around your electric meter trimmed so that our workers can access that area to read, repair or replace your meter.

- Please keep the plants along sidewalks, alleys and intersections trimmed to allow a clear sight distance for drivers and to keep from scratching or damaging vehicles.

Thanks for helping to keep Mifflinburg clean and green this year!

## STREET SWEEPING

As long as we're all thinking about spring cleaning, here is a reminder that the Borough has a regular street sweeping schedule. Please remember to pay close attention to the parking rules and regulations for your Street. The Borough's Street Sweeping Schedule is available on the Borough's website; [mifflinburgborough.org](http://mifflinburgborough.org).

## Oma's Antique Emporium

is currently physically closed but looks forward to opening soon.

Always looking to purchase quality antiques.

Available via cell at 860-315-0955 or email [omasantiques@outlook.com](mailto:omasantiques@outlook.com)

You can also find them on Facebook and Instagram.

They anticipate a delivery of fresh German grocery items mid-May!



12270 Old Turnpike Road  
Mifflinburg

570-966-3714

[lonsautobody.com](http://lonsautobody.com)  
[lonsautobody@hotmail.com](mailto:lonsautobody@hotmail.com)

### — Contactless Damage Estimates —

Lon's comes to your driveway, parking lot at work, etc. to look at the damage and then will email your estimate - customers don't even have to be present! Lon's also sanitizing the interior after completed repairs

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## We're Not All Infected, But We've All Been Affected

The coronavirus (COVID-19) pandemic has not just threatened the physical health of millions but also wreaked havoc on the emotional and mental well-being of people around the world. All of us have been affected by this pandemic in some way. Some of us have lost jobs, and many cannot see or are worried about our family members. Many of us are struggling due to increased isolation, and most of us are fearful of getting sick. Some of us feel angry because we do not believe our peers are taking the proper preventative measures. Many of us are sad that important milestones in our lives have been disrupted. Feelings of grief, anxiety, and helplessness are rising as people face an uncertain future. I think most of us can acknowledge we will never go back to things exactly as they were.

How can we handle these terrifying and depressing times? And most importantly, how can we grow as human beings? When researchers and clinicians look at who copes well in crisis and even grows through it, it is not those seeking happiness but those who cultivate an attitude of "tragic optimism." This phrase was coined by Victor Frankl, a Holocaust survivor, psychiatrist and writer. Tragic optimism is the ability to maintain hope and find meaning in life despite its pain, loss, and suffering. It is how people respond to adversity that leads them to growth. Without minimizing their suffering, people who grow after a crisis are those who try to make sense out of what happened and understand how it changed them. They search for positive meaning.

By now we know what to do to get through this horrific time. We know to take preventive measures, try to structure our days, take time for self-care, perhaps indulge in some of the things we never had time for, limit our news exposure, and get our news only from reputable resources such as the CDC and WHO. We know to use time to connect to our spirituality through nature, reading, or meditation, and to check-in regularly with our family and friends. This is how we cope but it does not move us into the depth of the psyche as deeply as meaning-making does. While we cannot avoid suffering, it is important to learn to suffer in a way that permits us to see the positive and light in humanity.

If you are struggling with stress due to the COVID-19 pandemic or are already starting to ask yourselves these significant, life-changing questions, we at Rooted Relational Therapy can help you. We work with individuals, couples and families to help them manage these stressful times and to grow in the ways these times have demanded. All therapists are currently offering Telehealth sessions if you are not comfortable coming into the office, so please call 570-884-4662 x1 to schedule your appointment today. We can also be reached at our website: [www.rootedrelationaltherapy.com](http://www.rootedrelationaltherapy.com). We also have the Rooted Compassion Fund for those of you willing and able to help others financially with getting the mental health care they need. You can donate to this fund by going to [www.rootedrelationaltherapy.com/rcf](http://www.rootedrelationaltherapy.com/rcf).

Some of the bigger, existential questions you may be asking yourself: Have I worked hard enough on my relationships? Have I worked through my past resentments? Have I learned how to identify and accept my emotional life? Am I doing what I truly want with my life? Have I made the world a little bit better place? Is there meaning to my life, if so, what can it be? If you find yourself asking these questions, please know that this is a normal response to what is currently going on, and there are people who can help you process these important questions.

Susan Decker, LPC - Rooted Relational Therapy  
400 Market Street, Mifflinburg



## Service 1st has got you covered

Service 1st Federal Credit Union is continuing to monitor information from federal, state, and local officials regarding Coronavirus, COVID-19 and will continue to provide updates regarding credit union services at [www.service1.org](http://www.service1.org). For updates regarding credit union operations, tools and resources, please visit the "we've got you covered member information and resources" page located at: [service1.org/promo-landing-pages/member-information-and-resources](http://service1.org/promo-landing-pages/member-information-and-resources)

If you are a Service 1st member who has been directly affected by Coronavirus, COVID-19 and are in need of assistance in making a Service 1st loan payment or have other account concerns, please call 800.562.6049, to talk to a member service representative and discuss the options available to assist you at this difficult time. Service 1st remains focused on the safety, well-being, and overall health of our entire credit union family and thanks everyone for their continued patience and flexibility as we navigate through these uncharted times. For more information, please visit [service1.org](http://service1.org) or call the Contact Center at 800.562.6049.



## Nicole Spotts State Farm

93 Chestnut Street • Mifflinburg  
570-966-3199

[www.nicolespotts.net](http://www.nicolespotts.net)

State Farm is still available during normal business hours by phone and email for new and existing clients! Their team looks forward to seeing everyone in person again soon but we are still here, ready, and able to care for our community during these uncertain times. State Farm has announced the Good Neighbor Relief Program! Talk with us today to learn more! Office hours are Monday, Wednesday, Friday 9-5 Tuesday and Thursday 9-6. Saturdays by Appointment.

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