

# SPRING HAPPENINGS...

Sun., April 12 **Easter Sunday**  
 Sat., May 16 **Wine, Brews & Blues Fest**  
 11-7pm **VFW Carnival Grounds**  
 May 14-16 **Market Street Sale Days**  
 Market Street

## BROOKSIDE BIKES IS MOVING!

MHRA member Brookside Bikes is moving to a beautiful new space right beside the Rail-Trail at 170 East Walnut Street, Ste. A

## West Branch Chorus Postponed until later this year

Sadly, opening weekend at the Elias has been postponed. Traveling Lantern has cancelled their 'Narnia' production, the History Hop is postponed and lastly the West Branch Barbershop Chorus will also be rescheduling for later in the year. We will continue to keep everyone informed about the status of the shows and programs. Updates are continuously posted on mifflinburgpa.com and Facebook on both the MHRA page and the Elias Center for the Performing Arts page.

## MHRA WELCOMES RETURNING MEMBER

Central PA Chamber of Commerce

## & NEW MEMBERS

Paula Christy Piano Studio  
 Realtor, Berkshire Hathaway Home Services Hodrick Realty  
 - Drew Christy, Assoc. Broker



## WINE, BREWS & BLUES FESTIVAL WILL HAPPEN!

This year's Wine, Brews and Blues Festival is rebranded and revitalized and promises to be amazing and at this time, is still a go for Saturday, May 16, from 11 am to 7 pm, at the VFW Carnival Grounds. However, if we see that the date is not manageable with the current crisis, we will make the call in the coming weeks and change the date to summer. Please stay tuned to [www.mifflinburgpa.com](http://www.mifflinburgpa.com) and our MHRA Facebook page for news on the festival. We have a fantastic line-up of wineries, breweries and distilleries offering tastings and that is just the beginning. There will be artisans and crafters, food vendors, a corn hole tournament, hay rides and pony rides, and much more fun for the family. Best of all - we welcome four amazing Blues bands to entertain all day! MHRA is still seeking a limited amount of artisans and crafters for the event! If you would like an application, please call 570-966-1666 or email [mhra@dejazzd.com](mailto:mhra@dejazzd.com).

Current Resident or:



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 Borough 570-966-1013  
 Police 570-966-1027 or 911

**MISSION STATEMENT**  
 MHRA exists to help promote and maintain a supportive environment where business, community and government work together to foster growth and development, while preserving Mifflinburg's cultural heritage.

300 Chestnut Street  
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 570-966-1666

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[www.mifflinburgpa.com](http://www.mifflinburgpa.com)

*Mifflinburg News & Views is published monthly*

Mifflinburg Heritage & Revitalization Association  
**MIFFLINBURG NEWS & VIEWS**  
 300 Chestnut Street  
 Mifflinburg, PA 17844



# MIFFLINBURG NEWS & VIEWS

published monthly by the Mifflinburg Heritage and Revitalization Association

## Mifflinburg welcomes sidewalk library!



When the Herr Memorial Library had to shut down several weeks ago because of the COVID 19 threat, Good Time 4H member Garrett Franck saw an opportunity to help his community with a special "Take a Book, Leave a Book" sidewalk library service project.

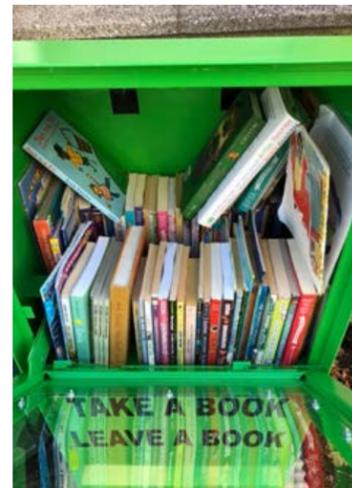
He purchased and refurbished an old newspaper box and with the help of Cindy Potoeski, who helped him letter it, and his fellow 4-Hers who donated about 94 books, Garrett was able to cut the ribbon on his dream project.

The sidewalk library sits at the Union County Government Services Building on Chestnut Street and anyone is welcome to come and take a book to read or leave a book to share with someone else. They can be any books from board books to books for adult reading. The library is ran on an honor system and all Garrett asks is that you return the book when you are finished with it so someone else can enjoy it

Union County Commissioner Jeff Reber and Mayor David Cooney were on hand last Friday to help him do a socially distanced ribbon cutting!

The Good Time 4-H Club has been busy this winter with other projects as well. They collected art supplies for the Hollidaysburg Veterans Home. Working with Doug Walter to get the donations to the home, Garrett Franck helped load the donations into his vehicle during a recent visit. If anyone is interested in helping the Veteran's home with either gift cards (Weis, Walmart, Giant) or art supplies, please contact Doug Walter via email at [mazeppa@ptd.net](mailto:mazeppa@ptd.net) or Barbara Franck at [barb@ucwef.com](mailto:barb@ucwef.com). At right, Garrett and Doug Walter load donations into the back of his car.

Members of the Good Time 4-H Club also recently made blankets for Project Linus. While they have worked with Project Linus for several years, last year saw increased participation from newer members. The group had so much fun and really felt the mission of Project Linus fit their community goals, that they unanimously voted to donate \$500 in fleece fabric even stretching their budget by purchasing fleece when it was on sale or clearance. During their work sessions after meetings, the group made 27 blankets to donate. They plan to purchase some more fleece to finish some blankets that they didn't have a chance to get done before the quarantine. Above are Sylvia Rishel, Kooper Haines, Tamira Lantz, Patricia Shively, Rhys Klingler, Garrett Franck and Alec Klingler (missing is Chloe Hanselman).



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# Borough Briefings...

by Margaret Metzger

## COVID 19

In light of the measures recommended by the Federal Government and Governor Wolf the Borough of Mifflinburg has taken the following actions:

The Borough Office and other facilities will be closed to public access through April 15. The Borough staff will be accessible by phone or email only during normal business hours. Any updates to this schedule will be posted on the Borough's website: [mifflinburg-borough.org](http://mifflinburg-borough.org)

Customers who do not participate in the automatic payment system are asked to either mail utility payments or to drop their utility payments into the box located in the entry to the Municipal Building.

Recycling is cancelled until April 18. Any updates to this will be published on the Borough's website.

Publics works crews will maintain all required utility operations while practicing CDC recommended precautionary measures.

Police will remain on duty and utilize precautionary measures in dealing with the public and other agencies. Residents are encouraged to practice social distancing and other recommended precautions. More COVID-19 information is available at [www.health.pa.gov](http://www.health.pa.gov).

Information regarding businesses allowed to operate or applying for a waiver/exemption for non-life sustaining businesses should be directed to the Pennsylvania Department of Community and Economic Development (DCED) at <https://dced.pa.gov/> DCED Customer Service can be reached by calling 1-866-466-3972 or by email at [ra-dcedcs@pa.gov](mailto:ra-dcedcs@pa.gov).

We apologize for any inconvenience that these actions may cause. The Borough office number is 570.966.1013 and the Police department can be reached at 570.966.1027.

We appreciate your patience as well all work to navigate these uncharted waters. We will continue to provide updates for our services on our website as we obtain more information from the State and Federal Governments.

## NO WIPES DOWN THE PIPES PLEASE!

We know that everyone is practicing extra sanitizing during the COVID-19 pandemic as recommended. We applaud those actions, however we cannot express enough that you should not flush any wipes! These wipes do not dissolve as they say they will and

they can bind up pumps and equipment which will ultimately disrupt sewer services. So as indicated in the title NO WIPES DOWN THE PIPES!!! We appreciate your cooperation!

## ELECTRONIC BILL PAYMENT

This might be a good time to sign up for Electronic Bill payment. The Borough offers you the opportunity to sign up to have your utility bill automatically deducted from your checking or savings account. It's quick and easy to sign up. All you would need to do is download and complete the form and return in to us. This can save you from coming to the office or from paying late fees. Call our office or visit the Borough website at [mifflinburgborough.org](http://mifflinburgborough.org) for more information.

## TORNADO SIREN TEST SET FOR APRIL 4TH

On Saturday April 4, at 12 noon the Mifflinburg Hose Company will TEST the new TORNADO SIREN.

In the future this siren will be activated when a confirmed tornado touchdown occurs within Union County or southern Snyder County (Penns Creek area).

During this TEST we will activate the siren for THREE (3) MINUTES. The long, loud test will also be audible in surrounding townships.

This TEST will NOT be conducted in stormy weather conditions.

Thank You for your attention and please spread the word to residents who may not subscribe to a newspaper or have access to social media.

A rain date is tentatively scheduled for Saturday April 11, at 12 noon.

## HELP US HELP YOU!

There is a Borough Ordinance which requires all homes to be identified by their house number (address). This Ordinance requires every building to display their house number in numbers or letters at least three inches in height and in a color that is contrasting to the color of the immediate background.

Why do we have an Ordinance like this? It's for your safety! If an emergency responder can't find your address, they can't help! Please take the time to look your property over and make sure that your Numbers are easy to see. Thank you for your assistance with this matter.

## Help Support our Small Businesses!

Even though most of Mifflinburg is closed for business right now, there are still several essential businesses open. Many are offering their products and services online for pick-up or delivery. Please take time to look for them on Facebook and on their websites. Some are also offering great specials and promotions. We must do our best to support our community and help our businesses continue to prosper in our community now and in the future when the economy opens up again. MHRA's website also has a list of our business members that includes their contact information including phone numbers, website and social media links. Check it out at [mifflinburgpa.com](http://mifflinburgpa.com).

## STILL OPEN FOR BUSINESS!!

Please help support our local restaurants



**AMY'S FROSTY FREEZE**  
Take-out only- no seating  
Check Facebook for flavors  
and information  
570-966-1174 to order

**GREEN RIDGE MARKET**  
Open Mon.-Fri. 8-6, Sat. 8-5  
Call ahead for curbside pickup  
570-966-4650

**BOOMERANG'S BAR & GRILLE**  
Open for Take-out  
Facebook for hours and specials  
Call 570-922-1232

**HOMETOWN EATERY**  
Take out specials listed daily  
on Facebook  
570-966-3990

**CHILLY WILLY'S**  
Open daily for take-out  
Closed Mondays - 11 a.m. to 8 p.m.  
Tues-Sun. Check out Facebook for  
flavors and specials  
Call 570-922-4212 to order

**LARRY'S PIZZA**  
Open for take-out until  
9 p.m. daily  
570-966-5012

**DC COFFEE**  
Drive-thru only -  
Specials daily on Facebook  
570-966-6400

**MCDONALDS**  
Drive-Thru Open Daily

**MIFFLINBURG OIP**  
Open for take out and fun  
do-it-yourself dinner kits  
Open Daily until 8 p.m.  
570-966-3885

**DOMINOS**  
Open for take-out or delivery  
570-966-3033

**MIFFLINBURG SUBWAY**  
Open daily until 8 p.m. Save the  
wait and order online  
[www.subway.com](http://www.subway.com)

**FOREST HOUSE HOTEL**  
Open for take-out and delivery  
Nightly specials - Check Facebook  
for information  
570-966-0349

**RUSTY RAIL BREWING CO.**  
Take out Thursday and Friday 12-6  
Check out specials on Facebook  
Call 570-966-7878

**GABLE HOUSE BAKERY**  
Wednesday - Saturday 7 a.m. to  
noon. In-store pickup, curb-side  
pickup, free delivery to Mifflinburg  
Call 570-597-2118

**CLOSED:**  
Old Turnpike - Carriage Corner  
Union County Sportsmen's Club  
Scarlet D Tavern - Mifflinburg VFW  
Mifflinburg American Legion

For additional information on our local wineries, breweries and restaurants, upcoming area events and more, check out daily updates at [www.visitcentralpa.org](http://www.visitcentralpa.org). The Susquehanna River Valley is doing it's best to keep everyone up to date on what our businesses are offering during this crisis.

## MARKET ST. SALE DAYS RETURNS!

The popular Market St. Sale Days are returning on May 14, 15 and 16. Residents of Market St. are invited to put your treasures out for sale in the yard, garage, tent, etc.

## Maintaining Good Mental Health During A Crisis

So much can change in a couple of weeks! This column is being written from my home because, like many of you, my employer has asked me to work remotely for my protection and the protection for others. Psychologists like myself are starting to be concerned about the short- and long-term impacts of the COVID-19 emergency on the mental health of the country.

We know that humans are quite well-suited to handle acute stress (defined as intense stress lasting minutes or hours), but our bodies are not well-designed to handle the chronic, severe stress that comes from things like extreme isolation or unemployment, let alone fears of serious illness or death. While our leaders are right to take extreme steps to protect the country from this virus, actions that are intended to protect physical health may also impact mental health in the form of increased rates of clinical depression, anxiety, trauma, and the effects those emotional problems have on our behavior and the toll they take on our bodies.

Our leaders bear the most responsibility for mitigating these negative effects, by providing us with accurate, timely information, clear instructions, minimizing quarantine time, and giving us the resources needed to survive during the emergency.

There are also things we all can do to try to help ourselves. Here are some tips:

**Everything in moderation:** consume media, but not too much! Watch the news, read the paper, monitor social media, but be sure to focus on what trusted experts are saying, and limit the time you spend on this subject.

**Try to keep a sense of humor.** Do you know the term, "gallows humor?" There is humor to be found even in the darkest times, and humor is a very effective and sophisticated coping style. If social media is helping you laugh, great, if it's causing you more aggravation, maybe turn it off.

**Keep your distance—together.** Make it a priority to call other people regularly or spend time outdoors with others (no touching!), if the weather permits. Isolation increases stress for most people.

**Take control.** There's a lot we have no control over right now, so focus instead on the things you can control. Now's a great time for spring cleaning, home cooking, home repair, video games, movies, art, and all the other things that may normally wait during the busyness of life.

**Do healthy things.** Eat healthy food. Get some light exercise. Sleep, but not too much. Alcohol is fine, in moderation.

**Ask for help.** If you are really struggling emotionally, reach out for assistance. Many mental health professionals are shifting to providing psychotherapy via videoconference, and insurance is more likely to cover

it now. Our local emergency hotline for mental health-related issues is 1-800-222-9016.

**And finally, stay hopeful!** There will be suffering, but you will not be suffering alone. This, too, shall pass.

- Anthony Ragusea, PsyD, MSCP, ABPP, a board-certified clinical psychologist, specializes in the treatment of mental illnesses.

For more information, contact Psychology of Evangelical at 570-524-6766.

## MIFFLINBURG PURSUES ENRICHMENT & REVIEW FOR STUDENTS AMID SCHOOL CLOSURE

In an effort to comply with Governor Tom Wolf's mandate that requires public schools to remain closed until at least April 6th and in accordance with direction from the Department of Education, MASD Superintendent, Daniel Lichtel has announced the District's plan to pursue enrichment and review in a variety of formats to continue educating MASD students. The District has begun development of a District Continuity of Education Plan which will provide resources in a variety of formats to best suit each student's circumstance. The District has been working on many online digital resources to access from home if able. Online approach will not work for everyone and paper packets for students is available to use at home.

Students and their families will be contacted by teachers or principals to help determine what approaches are best for them. Although our goal is to reach and engage every student in an effort to provide continued learning, and we do ask students to do their best to keep learning with these materials, we will not plan to assign grades to this work during the shutdown. Some staff will be available at each school to answer questions and assist with the distribution of materials. If you plan to visit a school building to pick up materials, please call ahead to make an appointment.

## Alternate Evangelical Corona Virus Testing Site

Effective immediately, Evangelical Community Hospital's alternate coronavirus testing site located in Plaza 15, Lewisburg, behind the McCann School of Business, will be open from 7 a.m. to 7 p.m. daily. Patients are asked to have an order from their primary care provider and a photo ID when they arrive. Any changes in availability of the alternate test site will be announced. All Evangelical-related facility updates are being shared as they become available at [www.evanhospital.com/virus](http://www.evanhospital.com/virus).

## INTERESTED IN MHRA MEMBERSHIP?

Yearly business membership is \$75 and Made in Mifflinburg designations are an additional \$25. Supporter memberships are \$30. Membership includes our popular season voucher booklet with over \$100 in coupons that can be used at all of our yearly events. MHRA is not state or federally funded so your support is especially important to us. Funds are used for operations, marketing and promotion, cooperative advertising opportunities, brochures and rack cards, historic preservation, business assistance, community development, repair and maintenance of the Elias and more. If you are interested in membership, contact [mhra@dejazzd.com](mailto:mhra@dejazzd.com) or call 570-966-1666. Thank you for being there for us!



## BERKSHIRE HATHAWAY Home Services

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